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Pastas

Buffalo Chicken Mac n' Cheese

Cavatappi pasta baked with cheddar cheese, mozzarella, romano and parmesan, tossed with grilled buffalo chicken and topped with panko crumbs

Penne alla Viga

Sautéed prosciutto and ham with fresh tomato and crush red pepper in a cream sauce with penne

Salads

Pescatore of med 12.99 lg 13.99
Our signature tuna salad, mixed greens, hard boiled eggs, tomatoes, cucumbers,

carrots, Kalamata olives, avocado and fresh squeezed lemon juice and extra virgin olive oil

Ortaggio | med 12.99 | lg 13.99

Chicken pesto, mixed leaf lettuce, sundried tomatoes, fresh grapes, goat cheese, almonds, tomatoes and balsamic vinaigrette

Patate N med 12.99 lg 13.99

Grilled chicken, brown rice and organic quinoa, shredded kale, fresh apples, roast sweet potatoes, goat cheese, toasted almonds and balsamic vinaigrette

Tuesday

Pastas

Penne alla Bolognese 🙈

Sautéed ground beef with pancetta, marinara sauce, red wine and a touch of cream served over penne

Salads

Sestola med 12.99 lg 13.99

Grilled chicken, mixed greens, grilled eggplant, artichoke hearts, fresh mozzarella, basil, sundried tomatoes and balsamic vinaigrette

Elba 🌉 🔃 med 12.99 lg 13.99

Our signature chicken salad, organic baby spinach, mixed greens, grapes, walnuts, tomatoes and balsamic vinaigrette

Asparago N med 12.99 lg 13.99

Grilled chicken, mixed field greens, fresh asparagus, feta cheese,

dried cranberries, toasted almonds, cucumber, carrots, pineapple and balsamic vinaigrette

ADD Classic Protein to Any Salad Grilled Chicken, Crispy Chicken, BBQ Chicken,
Hard Boiled Egg, Chicken Pesto, Tuna Salad, Peanut Chicken,
Chicken Salad, Roast Turkey, Grilled or Breaded Buffalo Chicken, Ham, Prosciutto,
Organic Roasted Tofu, Fresh Avocado, Bacon, Egg White or Chipotle Chicken 3.99

ADD Premium Protein to Any Salad Grilled Steak or Grilled Salmon 5.29

Wednesday

Pastas

Chicken & Broccoli

Sautéed chicken breast & broccoli florets in our cream sauce, served over penne

Chicken Marsala

Sautéed chicken breast with ham and mushrooms in a marsala wine sauce, served over penne

Salads

Molise 🚵 🔃	med 8.99	lg 10.19
Mixed greens, fresh grapes and pears, gorgonzola,		
pistachio, dried cranberries, croutons and balsamic vinaigrette		
Fragola 🗸	med 8.99	lg 10.19
Organic mixed greens, fresh strawberries and grapes,		
goat cheese, almonds and balsamic vinaigrette		
Fresco N V	med 12.99	lg 13.99
Chicken pesto, roasted zucchini and squash, carrots, shaved parmesan,		

organic baby spinach, mixed greens and extra virgin olive oil

Thursday

Pastas

Chicken Piccata

Sautéed chicken breast and capers in our lemon white wine sauce, served over penne

Salads

Pavia Cobb	med 12.99	lg 13.99
Grilled chicken, mixed greens, bacon, tomatoes, gorgonzola, guacamole and ranch dressing		
Buffalo Chicken 🚵	med 12.99	lg 13.99
Crispy chicken or grilled chicken marinated with spicy buffalo sauce,		
mixed leaf lettuce, gorgonzola, cucumbers, carrots and ranch dressing		
Arance N	med 12.99	lg 13.99
Grilled chicken, mixed greens, feta cheese, dried cranberries,		
fresh oranges, pears, toasted almonds and balsamic vinaigrette		

ADD Classic Protein to Any Salad Grilled Chicken, Crispy Chicken, BBQ Chicken,
Hard Boiled Egg, Chicken Pesto, Tuna Salad, Peanut Chicken,
Chicken Salad, Roast Turkey, Grilled or Breaded Buffalo Chicken, Ham, Prosciutto,
Organic Roasted Tofu, Fresh Avocado, Bacon, Egg White or Chipotle Chicken

3.99

ADD Premium Protein to Any Salad Grilled Steak or Grilled Salmon

5.29







Pastas

Chicken & Broccoli

Sautéed chicken breast & broccoli florets in our cream sauce, served over penne

Salads

Semi N

med 12.99 lg 13.99

Grilled chicken, fresh apples, dried cranberries, goat cheese, glazed walnuts, toasted almonds, sunflower seeds, pistachio, mixed greens and balsamic vinaigrette

Pollo BBQ 🦀

med 12.99 lg 13.99

Crisp romaine, marinated bbq chicken, roasted corn, tomatoes, guacamole, cucumbers, caramelized onions, American cheese and ranch dressing

ADD Classic Protein to Any Salad Grilled Chicken, Crispy Chicken, BBQ Chicken, Hard Boiled Egg, Chicken Pesto, Tuna Salad, Peanut Chicken, Chicken Salad, Roast Turkey, Grilled or Breaded Buffalo Chicken, Ham, Prosciutto, Organic Roasted Tofu, Fresh Avocado, Bacon, Egg White or Chipotle Chicken 3.99

5.29 ADD Premium Protein to Any Salad Grilled Steak or Grilled Salmon

Pasta Specials

Small 7.99 Large 11.89



V – Vegetarian











CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH, OR EGG POSES A RISK TO YOUR HEALTH.

TO ALL OUR CUSTOMERS: BEFORE ORDERING PLEASE INFORM YOUR SERVER IF SOMEONE IN YOUR PARTY HAS A FOOD ALLERGY

ADD STATE MEAL TAX AND LOCAL TAXES TO ALL PRICES • PRICES, ITEMS, & OFFERS ARE SUBJECT TO CHANGE WITHOUT NOTICE

